



When is a child too sick to be brought to Preschool?

In complying with state licensing regulations, Building Bridges Preschool is not allowed to accept sick children into our care, nor may sick children remain in our care once they have become ill. Therefore, specific guidelines have been established to assist parent and staff in determining if a child is too ill and must remain at home to help prevent the spread of contagious illnesses:

Symptoms of illness:	Child Must Remain Home If:	Child Can Return When, Without Medication:
Fever	The fever is at or above 100 degrees, or child has had a fever in the past 24 hours.	The temperature has returned to normal for at least 24 hours.
Diarrhea	There are 2 loose bowel movements within a 24 hour period.	The loose stools have subsided for at least 24 hours.
Coughing	The child has a persistent cough	The cough has subsided, and/or the child has been seen and treated by a physician.
Runny Nose	There is green or yellow drainage from the nose.	After drainage clears and child has felt okay for 24 hours.
Sore Throat	There is redness in the throat and child is irritable and uncomfortable.	The child was seen and/or treated by a physician. If given antibiotics, has taken daily doses for 48 hours.
Ear Ache or Drainage	Child pulls on ears, complains of pain, and/or there is drainage from the ear canal.	Same as above.
Red, Watery Eyes	Child complains of burning or itching in the eyes, and/or there is drainage from the eyes.	When prescribed medication has been started, and the eyes are not watery, sensitive to light, and drainage has cleared, all for at least 24 hours.
Vomiting	The child has vomited within the past 24 hours and appears lethargic or uncomfortable.	The child has not vomited for at least 24 hours and the child feels well enough to eat without an upset stomach.
Rash or Skin Eruption	The rash is suspicious and appears to be spreading, and if the child is itching and uncomfortable.	The rash disappears or has been diagnosed by a physician as non-communicable.
Itchy Scalp	Lice nits have been found on the hair shaft.	The day after child's hair has been shampooed with RID and ALL nits and lice have been removed from the hair shafts.

If your child is sent home with illness of any kind, they will not be able to return for at least 24 hours. A written note from a physician may be requested by the Office to readmit the child into the classroom.

Health/Illness Requirements

The physical health and safety of each child is the first order of priority at Building Bridges Preschool. Our effectiveness in teaching is dependent largely on the physical wellbeing of the child. Please take the initiative to keep your child at home when he/she is fatigued or ill for his/her sake and for the sake of the other children. In fairness to your own child, it is imperative that contagious children not attend school. Most importantly, do not return your child to school until he/she is able to participate in all activities in the normal school day. We cannot honor requests to keep children indoors all day, as supervision is not available. It is also the responsibility of the parents to notify the Preschool Office if there has been exposure to contagious illnesses, communicable diseases or head lice.

Communicable Childhood Diseases

Upon having the following diseases, a child must have a written consent from either a physician or the Health Department to return to school, or be subject to the Preschool Office approval for re-admittance.

1. Children Pox
2. Measles
3. Mumps
4. Pneumonia
5. Whooping Cough
6. Pinworms
7. Scabies
8. Ringworm
9. Impetigo
10. Pink Eye

Communicable Diseases Information

Measles: 9-11 days to onset. 13-15 days until rash appears. Starts with cold or fever or watery eyes. Keep child home 7 days after rash appears and until child is recovered.

German Measles: 19-21 days. Spread by nose and throat discharges. Mild fever, rash. Keep child home until recovery.

Chicken Pox: 14-21 days. Spread by nose and throat discharges. Slight cold, fever. Most contagious one day prior until six days after blisters appear.

Mumps: Fever, swelling of glands in front ears. Keep child home until recovery and swelling is gone.

Consult your family health advisor regarding prevention and care.

***Please note: If your child becomes ill while at school, you will be notified immediately and the child must be picked up within half an hour.**

We thank you for your attention to and support of these policies stated.

-The Building Bridges Preschool Staff

I/we have read the Exclusions and Guidelines and fully agree to its content.

Parent Signature: _____ Date: _____